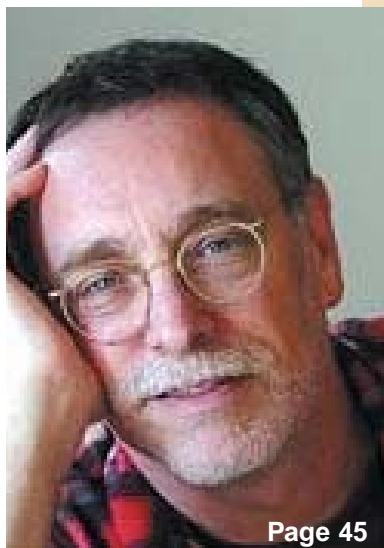


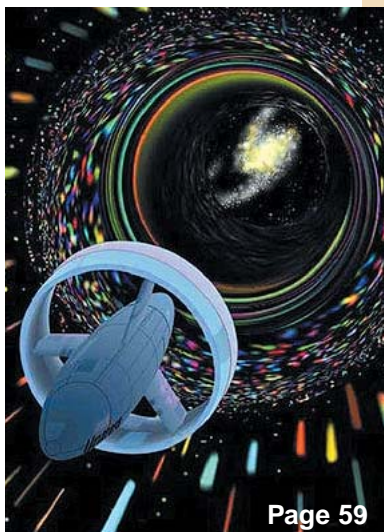
# EARTH STAR

## CONTENTS

APRIL / MAY 2011



Page 45



Page 59



Page 16

### ON THE COVER

- 16 The Importance of A Daily Practice**  
*by Sonia Choquette*
- 30 True Being**  
*by Eldon Taylor*
- 44 A Joyful Noise: Chanting the Names of God**  
An Interview with Krishna Das  
*by Alexis Adams*
- 52 Until We Meet Again**  
Healing Traumatic Grief by "Induced After-Death Communication"  
*by Eugene L. Pogany, Ph.D.*
- 57 The Truth About Fluoride**  
*by Mike Adams*

### FEATURES

- 12 Down To Earth Astrology**  
*by Tim Gunns*
- 22 Why 95% of Japanese May Not Suffer from Radioactive Iodine Exposure**  
*by Dr. Joseph Mercola*
- 33 Creating the Perfect Herb Garden**  
Spring Gardening Tips  
*by The Helpful Gardener*
- 37 In Memoriam - José Arguelles**
- 42 Can an Atheist Find Inspiration in Religious Myth?**  
*by Geoff Crocker*
- 49 Opposites Attract**  
*by Renee Baron*
- 59 NASA's 100-Year Starship Project**  
*by Leonard David*
- 61 Your Apps Are Watching You**  
*by Scott Thurm and Yukari Iwatani Kane*

### DEPARTMENTS

- 5 Up Front**
- 18 Book Reviews**
- 40 Calendar of Events**
- 50 Green Living**



Cover Art  
Memories

by Jim Warren

From the wild & whimsical to the sweet & sensuous, for over 30 years Jim Warren has been painting his way into the hearts and minds of people the world over. Already considered a "living legend of the art world", Jim is ever-growing & ever-changing. His versatility ranges from his unique portraits for celebrities, CEO's and families, to his illustrations for books, movies and album covers. Most notably Jim won a Grammy award for his artwork on Bob Seger's 1981 album "Against the Wind". His fine art oil paintings are featured in some of the top galleries in the world. Jim's latest paintings and classics are now being produced as high quality, limited edition Giclee canvas print. You can visit his website at: [www.jimwarren.com](http://www.jimwarren.com)



Jim Warren